

## Monday, July 8<sup>th</sup>, 2019

**6:45AM - 8:00AM** Personal Self-Reg Options  
**7:45AM - 8:30AM** Registration, Coffee & Connecting  
**8:30AM - 8:45AM** Welcome with Susan Hopkins  
**8:45AM - 9:45AM** Morning Luminary Talk with Jean Clinton  
**9:45AM - 10:15AM** Self-Reg, Mental Health, and Looking Ahead with Susan Hopkins  
**10:15AM - 10:30AM** Break  
**10:30AM - 12:00PM** **Sessions - Option A** | Self-Reg Talks with Susan Hopkins & Brenda Lead  
**OR Option B** | Self-Reg 101: Part 1 with TMC Team  
**12:00PM - 1:15PM** Lunch  
**1:15PM - 2:30PM** **Sessions - Option A** | Self-Reg Talks with Susan Hopkins & Brenda Lead  
**OR Option B** | Self-Reg 101: Part 2 with TMC Team  
**2:30PM - 2:45PM** Break  
**2:45PM - 4:00PM** **Sessions - Option A** | Self-Reg Talks with Susan Hopkins & Brenda Lead  
**OR Option B** | Self-Reg 101: Part 3 with TMC Team  
**4:00PM - 5:00PM** Personal Self-Reg Options

## Tuesday, July 9<sup>th</sup>, 2019

**6:45AM - 8:00AM** Personal Self-Reg Options  
**7:45AM - 8:30AM** Coffee & Connecting  
**8:30AM - 9:00AM** Welcome  
**9:00AM - 10:15AM** Plenary Sessions with Susan Hopkins, Paula Jurczak & Lisa Bayrami  
**10:15AM - 10:30AM** Break  
**10:30AM - 12:00PM** Morning Luminary Talk with Dr. Stuart Shanker: The Self-Reg View of Freedom  
**12:00PM - 1:15PM** Lunch and Personal Self-Reg Options  
**1:15PM - 2:30PM** Small Group Sessions  
**2:30PM - 2:45PM** Break  
**2:45PM - 4:00PM** Self-Reg Full Circle — Day 2 with Susan Hopkins  
**4:00PM - 5:00PM** Personal Self-Reg Options  
**6:00PM - 10:00PM** Celebration Dinner

## Wednesday, July 10<sup>th</sup>, 2019

**6:45AM - 8:00AM** Personal Self-Reg Options  
**7:45AM - 8:30AM** Coffee & Connecting  
**8:30AM - 9:00AM** Welcome  
**9:00AM - 10:15AM** Plenary Sessions Susan Hopkins, Gerard Costa & St. Joe's Paediatrics Team  
**10:15AM - 10:30AM** Break  
**10:30AM - 12:00PM** Morning Luminary Talk with Dr. Stuart Shanker — The Self-Reg View of Moral Development  
**12:00PM - 1:15PM** Lunch and Personal Self-Reg Options  
**1:15PM - 2:30PM** Small Group Sessions  
**2:30PM - 2:45PM** Break  
**2:45PM - 4:00PM** Self-Reg Full Circle — Day 3 with Susan Hopkins  
**4:00PM - 5:00PM** Personal Self-Reg Options  
**6:00PM - 8:00PM** Parents' Dinner  
**Dusk** Annual Bonfire

## Thursday, July 11<sup>th</sup>, 2019

**6:45AM - 8:00AM** Personal Self-Reg Options  
**7:45AM - 8:30AM** Coffee & Connecting  
**8:30AM - 9:00AM** Welcome  
**9:00AM - 10:15AM** Plenary Sessions with Susan Hopkins, Brenda Smith-Chant & Cathy Lethbridge  
**10:15AM - 10:30AM** Break  
**10:30AM - 12:00PM** Morning Luminary Talk with Dr. Stuart Shanker & Susan Hopkins — Reflecting Back on Four Years of Growth & Learning  
**12:00PM - 1:15PM** Lunch and Personal Self-Reg Options  
**1:15PM - 2:30PM** Small Group Sessions  
**2:30PM - 3:00PM** Closing of SRSS 2019