

Monday, July 8th, 2019

6:45AM - 8:00AM Personal Self-Reg Options
7:45AM - 8:30AM Registration, Coffee & Connecting
8:30AM - 8:45AM Welcome with Susan Hopkins
8:45AM - 9:45AM Morning Luminary Talk with Jean Clinton
9:45AM - 10:15AM Self-Reg, Mental Health, and Looking Ahead with Susan Hopkins
10:15AM - 10:30AM Break
10:30AM - 12:00PM **Sessions - Option A** | Self-Reg Talks with Susan Hopkins & Brenda Lead
OR Option B | Self-Reg 101: Part 1 with TMC Team
12:00PM - 1:15PM Lunch
1:15PM - 2:30PM **Sessions - Option A** | Self-Reg Talks with Susan Hopkins & Brenda Lead
OR Option B | Self-Reg 101: Part 2 with TMC Team
2:30PM - 2:45PM Break
2:45PM - 4:00PM **Sessions - Option A** | Self-Reg Talks with Susan Hopkins & Brenda Lead
OR Option B | Self-Reg 101: Part 3 with TMC Team
4:00PM - 5:00PM Personal Self-Reg Options
PM Self-Reg Nibble & Natter (free)

Tuesday, July 9th, 2019

6:45AM - 8:00AM Personal Self-Reg Options
7:45AM - 8:30AM Coffee & Connecting
8:30AM - 9:00AM Welcome
9:00AM - 10:15AM Plenary Sessions with Susan Hopkins, Paula Jurczak, Lisa Bayrami & Gerard Costa
10:15AM - 10:30AM Break
10:30AM - 12:00PM Morning Luminary Talk with Dr. Stuart Shanker: The Self-Reg View of Freedom
12:00PM - 1:15PM Lunch and Personal Self-Reg Options
1:15PM - 2:30PM Small Group Sessions
2:30PM - 2:45PM Break
2:45PM - 4:00PM Self-Reg Full Circle — Day 2 with Susan Hopkins
4:00PM - 5:00PM Personal Self-Reg Options
6:00PM - 8:00PM Self-Reg Parenting: A Free Event for Moms, Dads and Caregivers
DUSK Annual Bonfire

Wednesday, July 10th, 2019

6:45AM - 8:00AM Personal Self-Reg Options
7:45AM - 8:30AM Coffee & Connecting
8:30AM - 9:00AM Welcome
9:00AM - 10:15AM Plenary Sessions Susan Hopkins, Gerard Costa & St. Joe's Paediatrics Team
10:15AM - 10:30AM Break
10:30AM - 12:00PM Morning Luminary Talk with Dr. Stuart Shanker — The Self-Reg View of Moral Development
12:00PM - 1:15PM Lunch and Personal Self-Reg Options
1:15PM - 2:30PM Small Group Sessions
2:30PM - 2:45PM Break
2:45PM - 4:00PM Self-Reg Full Circle — Day 3 with Susan Hopkins
4:00PM - 5:00PM Personal Self-Reg Options
4:30PM - DUSK Peterborough Food Tour (optional \$)

Thursday, July 11th, 2019

6:45AM - 8:00AM Personal Self-Reg Options
7:45AM - 8:30AM Coffee & Connecting
8:30AM - 9:00AM Welcome
9:00AM - 10:15AM Plenary Sessions with Susan Hopkins, Brenda Smith-Chant & Cathy Lethbridge
10:15AM - 10:30AM Break
10:30AM - 12:00PM Morning Luminary Talk with Dr. Stuart Shanker & Susan Hopkins — Reflecting Back on Four Years of Growth & Learning
12:00PM - 1:15PM Lunch and Personal Self-Reg Options
1:15PM - 2:30PM Small Group Sessions
2:30PM - 3:00PM Closing of SRSS 2019