

JULY 2021

SELF-REG SUMMER SYMPOSIUM SNAPSHOT

WEEK 1

Monday July 5	Tuesday July 6	Wednesday July 7	Thursday July 8	Friday July 9
<p>Opening Keynote <i>Reframing Capable with Dr. Susan Hopkins</i></p> <p>Self-Reg 101 <i>Introduction to the Self-Reg Framework & Practice 1: Reframe the Behaviour</i></p>	<p>Opening Keynote <i>A Neural/Psychological Look at Dysregulation with Dr. Stuart Shanker</i></p> <p>Restoration in the 5 Domains: Biological</p> <p>Self-Reg 101 <i>Practice 2: Recognize the Stressors</i></p>	<p>Keynote <i>Teaching and Parenting Strategies that Address Resilience with Dr. Jean Clinton</i></p> <p>Self-Reg Talks <i>Individual Self-Reg #1 Self-Reg & Others #1</i></p> <p>Self-Reg 101 <i>Practice 3: Reduce the Stress Load</i></p>	<p>Master Class Restoration in the 5 Domains: Emotion</p> <p>Self-Reg 101 <i>Practice 4: Reflect Enhance Stress Awareness</i></p>	<p>Small Group Discussions</p> <p>SRSS Full Circle Panel</p> <p>Self-Reg 101 <i>Practice 5: Restore Energy</i></p>

WEEK 2

Monday July 12	Tuesday July 13	Wednesday July 14	Thursday July 15	Friday July 16
<p>Susan Hopkins Keynote <i>Reframing Kind</i></p> <p>Master Class: <i>Self-Reg & Trauma</i></p>	<p>Keynote <i>A Self-Reg Pathway from Dysregulation to Restoration with Dr. Stuart Shanker</i></p> <p>Restoration in the 5 Domains: Cognitive</p>	<p>Self-Reg Talks <i>Individual Self-Reg #2 Self-Reg & Others #2</i></p> <p>Conversations on Equity, Diversity and Inclusion</p> <p>Parent Night (FREE)</p>	<p>Master Class Restoration in the 5 Domains: Social</p>	<p>Small Group Discussions</p> <p>SRSS Full Circle Panel</p>

WEEK 3

Monday July 19	Tuesday July 20	Wednesday July 21	Thursday July 22	Friday July 23
<p>Susan Hopkins Keynote <i>Reframing Calm</i></p> <p>Master Class: <i>Self-Reg for Teens and Families with ACES</i></p>	<p>Keynote <i>The 5 Domains of Restoration with Dr. Stuart Shanker</i></p> <p>Restoration in the 5 Domains: Prosocial</p>	<p>Self-Reg Talks <i>Individual Self-Reg #3 Self-Reg & Others #3</i></p> <p>Conversations on Stewardship of the Land, Environment & Our Children's Future</p>	<p>Master Class</p>	<p>Small Group Discussions</p> <p>SRSS Full Circle Closing Talk <i>with Dr. Susan Hopkins and Dr. Stuart Shanker</i></p>

New content released daily in July! Access all the great content whenever suits your schedule until August 31, 2021.

REGISTER HERE!