

# JULY 2021

## SELF-REG SUMMER SYMPOSIUM SNAPSHOT

### WEEK 1

**REGISTER HERE!**

Monday July 5	Tuesday July 6	Wednesday July 7	Thursday July 8	Friday July 9
<p><b>Opening Keynote</b> <i>Reframing Capable</i> with Dr. Susan Hopkins</p> <p><b>Conversations on Equity, Well-Being and Relationships</b> with Susy Komishin</p> <p><b>Self-Reg 101</b> Introduction to the Self-Reg Framework &amp; Practice 1: Reframe the Behaviour</p>	<p><b>Keynote</b> <i>A Neural/Psychological Look at Dysregulation</i> with Dr. Stuart Shanker</p> <p><b>Restoration in the 5 Domains: Biological</b> with Susan Hopkins</p> <p><b>Self-Reg 101</b> Practice 2: Recognize the Stressors</p>	<p><b>Keynote</b> <i>Teaching and Parenting Strategies that Address Resilience</i> with Dr. Jean Clinton</p> <p><b>Conversations on Equity, Well-Being &amp; Relationships</b> with Nancy Gibson</p> <p><b>Self-Reg Talks</b> Individual Self-Reg #1 Self-Reg &amp; Others #1</p> <p><b>Self-Reg 101</b> Practice 3: Reduce the Stress Load</p>	<p><b>Self-Reg In Action</b> <i>Life With a Baby - My Journey</i> with Claire Zlobin</p> <p><b>Restoration in the 5 Domains: Emotion</b> with Susan Hopkins</p> <p><b>Conversations on Equity, Well-Being &amp; Relationships</b> with Antoine Mountain</p> <p><b>Self-Reg 101</b> Practice 4: Reflect Enhance Stress Awareness</p>	<p><b>Small Group Discussions</b></p> <p><b>SRSS Full Circle Panel</b> hosted by Susan Hopkins</p> <p><b>Self-Reg 101 Practice 5: Restore Energy</b></p>

### WEEK 2

Monday July 12	Tuesday July 13	Wednesday July 14	Thursday July 15	Friday July 16
<p><b>Keynote</b> <i>Reframing Kind</i> with Dr. Susan Hopkins</p> <p><b>Self-Reg In Action</b> <i>Co-Regulation and the Early Childhood Workforce During COVID-19</i> with Dr. Corinne Catalano and Dr. Eileen McKeating</p>	<p><b>Keynote</b> <i>The Self-Reg Pathway from Dysregulation to Restoration</i> with Dr. Stuart Shanker</p> <p><b>Restoration in the 5 Domains: Cognitive</b> with Susan Hopkins</p>	<p><b>Conversations on Equity, Well-Being &amp; Relationships</b> with Colinda Clyne <i>Gathering Family Medicines For The Sacred Dancing Child Inside Of You</i> with Richard Van Camp</p> <p><b>Self-Reg Talks</b> Individual Self-Reg #2 Self-Reg &amp; Others #2</p> <p><b>Parent Night (FREE)</b></p>	<p><b>Master Class</b> <i>It's OK to be Not OK: A Developmental Self-Reg Understanding of Trauma and Healing</i> with Paula Jurczak</p> <p><b>Restoration in the 5 Domains: Social</b> with Susan Hopkins</p>	<p><b>Small Group Discussions</b></p> <p><b>SRSS Full Circle Panel</b> hosted by Susan Hopkins</p>

### WEEK 3

Monday July 19	Tuesday July 20	Wednesday July 21	Thursday July 22	Friday July 23
<p><b>Keynote</b> <i>Reframing Calm</i> with Dr. Susan Hopkins</p> <p><b>Master Class</b> <i>Self-Reg for Teens Who Do Not Respond to Standard Parenting and Teaching Practices</i> with Laura Cesaroni &amp; Cathy Lethbridge</p>	<p><b>Keynote</b> <i>The 5 Domains of Restoration</i> with Dr. Stuart Shanker</p> <p><b>Restoration in the 5 Domains: Prosocial</b> with Susan Hopkins</p>	<p><b>Self-Reg In Action</b> <i>Reframing Calm-Kind-Capable Through the Prism of Touch</i> with Linda Garofallou</p> <p><b>Keynote</b> <i>Being Calm, Kind and Capable: The Rediscovery of "Fire" through the Self-Reg World</i> with Gerard Costa</p> <p><b>Self-Reg Talks</b> Individual Self-Reg #3 Self-Reg &amp; Others #3</p>	<p><b>Master Class</b> <i>The Invisible Wound: The Science of Trauma and Self-Reg</i> with Paula Jurczak</p> <p><b>Self-Reg Talks</b> <i>Self-Reg Leaders &amp; Research with a Self-Reg Lens</i></p>	<p><b>Small Group Discussions</b></p> <p><b>Full Circle Closing Panel</b> hosted by Susan Hopkins with Stuart Shanker &amp; Self-Reggers</p>

**New content released daily in July! Access all the great content whenever suits your schedule until August 31, 2021.**

- PLUS NEW DAILY:**
- Reflective Discussion Questions
  - Self-Reg Activities